# About us

## Contact

We are Anouk (she), Ebru (she) & James (he) and we are looking forward to meeting you!

Are you interested in taking part, want to help out, or do you have a query?



The intergenerational community project (MGH) is an open meeting point, where acitivies and events take place for young people, adults, families, seniors, and for the queer community. We advoctate for young and old in the neighbourhood, for longstanding residents and new arrivals aswell as for diversity, resect and democracy!



Just pass by or send us a message!

#### Kiez Zentrum Villa Lützow Lützowstraße 28 - 10785 Berlin Mail: mgh-villaluetzow@fippev.de Tel.: 030 - 587 684 92 00 Access:

U1 Kurfürstenstr. 550m - U2/U3 Bülowstr. 850m M48 / M85: 210m - M29: 400m - Bus 100: 800m All rooms are wheelchair accessible



Umbrella Organisation:

FiPP e.V. Sonnenallee 223a - 12059 Berlin (030) 25 92 89 90 zentrale@fippev.de www.fippev.de

Amtsgericht Berlin Charlottenburg Vereinsregisternummer 4486B



Intergenerational Community Project

# Villa Lützow Community Centre

A meeting point in Berlin-Mitte with diverse activities accross the generations





**KIEZ ZENTRUM** 

Generationen Haus

#### **Activities** our programme for the second half of 2023

### Monday

BildungsbotschafterInnen: from September 4, 9:30am - 12:30pm Parents as bridge-buiders between families and schools.

MiA Frauenkurs Module 1: 10am - 1:30pm An introduction to every day life in Berlin for migrants from the Ukraine.

Dance-on 60 Plus: 2pm - 4pm An inclusive contemporary dance project for seniors.

Introduction in Tai Chi: 6pm - 8pm Movement for body and soul (Qigong-Style and after Cheng Man-Ching).

VHS-Elternkurs (A1.2): 1pm - 3:30pm (A1.2): From September 11th. For parents with children of primary school age. VHS fee (20€).

On Wednesdays and Thursdays, the course takes place at the Allegro Primary School (Lützowstr. 83-85). Questions and registration to:

mgh-villaluetzow@fippev.de or just drop by.

### Tuesday

#### Mieter\*innenberatung: 2pm - 6pm

Support free of charge to queestions about your rights als tennents. Drop in, no need to register.

Menopause-Cafe (Wechseljahre-Café): every 2nd Tuesday of the month 6:30pm - 8:30pm

Open space and discussion group for every person to discuss menopause.

funded by the project Villa inklusiv funded by the project Mehrgenerationenhaus

## Wednesday

#### Councelling about Kita, school, education: 9am - 10:30am

Stadtteilmütter-Sprechstunde. In German, Russian, Turkish, Arabic. Other languages with appointments.

Kiez Beakfast for all: 10:30am - 1:30pm Set yourselves up for the day together with project Stadteilmütter in our Café.

## Thursday

#### Deutschkurs: 10:30am - 12pm

Improve written and verbal langage skills in a relaxed atmospehe. Register in advance with Barbara: batema@snafu.de.

#### Independent citizens advice (Sozialberatung): 12pm - 2pm

For questions/problems in any area of life. Drop in.

Mobile phone and computer help course: every 2nd and 4th Thursday of the month at the Nachbarschaftstreff (NBT): 1-3pm Lützowstraße 27.

Help course on how to use your own mobile phone or computer/tablet. Registration per list at the NBT

Dancing Group for girls\*: 4pm-6pm Urban beats from 10 to 15 years old. Registration: 01746539822. Let's dance!

**Sprechcafé Tiergarten Süd: 5pm - 7pm** Get in touch, speak German with each other and support each other.

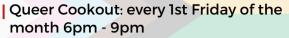


### @mgh\_villaluetzow @villaluetzow

Follow us on Instagram! We keep you updated for upcoming events!

## Friday is queer!

On Friday activities for lgbtiq+ take place



Cooking and eating together for LGBTQIA+ and Friends. Donation based. Drop in.

Support-Gruppe for ukrainian- and russian speaking LGBTQI\*/queer refugees: every 1st and 3rd Friday of the month 5pm - 7pm German - and english speaking refugees are also welcome. Body work, psychologal support & gentle excercises in a safe atmosphere. This is not a therapy group.

#### Regenbogen Families Meeting:

every 2nd Friday of the month 3pm - 6pm Meet-up with other LGBTIQ\* families.

#### Worth a shot :Trans masc\*-peer support group. Every 2nd Friday of the month 6pm - 8pm

Safe sharing place for people who take T around the topic of health and sexualities.

#### Death Cafe (Café Tod): 6:30pm - 8:30pm on 8.12. / 2.2.2024

Open space and discussion group to discuss death and dying around coffee and snacks. LGBTQIA+ Friendly

